

TABLE 14.2 Three Clusters of Personality Disorders

DISORDER	CHARACTERISTICS	PREVALENCE
Cluster A	Odd or eccentric disorders	5.7%
Paranoid	Pervasive distrust and suspiciousness of others; sees others as having malevolent intentions	2.3–4.4%
Schizoid	Detachment from social relationships and restriction of the expression of emotions in interpersonal settings	3.1–4.9%
Schizotypal	Discomfort with close relationships; cognitive and perceptual distortions and eccentricities of behavior	3.3–3.9%
Cluster B	Dramatic, emotional, or erratic disorders	1.5%
Antisocial	Disregard for and violation of the rights of others	0.2–3.3%
Borderline	Instability of interpersonal relationships and impulsivity	1.6–5.9%
Histrionic	Excessive emotionality and attention seeking	1.8%
Narcissistic	Grandiosity, need for admiration, and lack of empathy	6.2%
Cluster C	Anxious or fearful disorders	6%
Avoidant	Social inhibition, feelings of inadequacy and hypersensitivity to negative evaluation	2.4–5.2%
Dependent	Need to be taken care of, clinging behaviors, and fear of separation	0.49–0.6%
Obsessive-compulsive	Preoccupation with orderliness, perfectionism, and control at the expense of flexibility, openness, and efficiency	2.1–7.9%

Note: Prevalence based on APA (2013) and Lenzenweger et al. (2007).